

Community Group = Intentional Disciple Making Relationships

We need others to help us grow!

We encourage everyone to have Intentional Disciple Making relationships to share questions, life applications of faith, accountability, fun, disappointments, and victories.

What are the keys to an Intentional Disciple Making Relationship?

- **Meet regularly:**
 - Deep, meaningful relationships don't just happen, they grow when we have consistent time and effort together.
 - We encourage groups to meet regularly- for some that's weekly, some monthly for most the sweet spot is twice per month. We recommend meeting this cadence for one year. After a year you can evaluate the next steps together.
 - As well as regular meetings, think about others ways to share life:
 - Communication – emails, text, phone calls.
 - Meals – family meals, grabbing a drink, lunch, etc..
 - Fun – movies, bike rides, game nights, campfires, etc...
- **Help each other grow:**
 - This is MORE than just a friend(s). The goal is to help each other move forward in Loving Jesus, Each Other, and The World.
 - We pray for each other.
 - We celebrate together.
 - We share struggles.
 - We challenge each other.
 - Help each other apply and stay accountable.
 - Applying what we are learning together as a church.
 - Each season CCA has a churchwide focus series with Sunday services and resource tools. Groups help us take these teachings beyond Sunday and apply them to our lives.
 - Applying what God is speaking to us individually.
 - God is always speaking to each of us. Groups give us a chance to explore, share, evaluate, and apply what we feel God is showing us.
- **Share openly:**
 - These are relationships of openness. This is a place to risk sharing your feelings, opinions, questions, doubts, wins, and failures.
 - These are the people who know the real you.
 - These relationships require trust and confidentiality.
 - This level of trust and openness evolves over time and is both given and earned.
- **Care and support each other:**
 - These are folks for whom we pray, ask for help, and meet practical needs.

Tips and Values:

- **Buy-in:**
 - Community is about mutuality. This is a relationship where everyone is committed to prioritizing meeting, growing, and sharing.
 - Showing up is half the battle. Growth occurs when everyone is committed to being there as often as possible.
- **Scheduling:**
 - Our world is busy, and if we wait for windows of time to build relationships, we could wait a very long time. Intentional Disciple Making Relationships work best when there is a scheduled and consistent meeting time. We love each other in our hearts and on our calendar.
- **Everyone shares:**
 - They share the responsibilities of organizing, hosting, facilitating.
 - Share their insights and feelings.
- **Small:**
 - We need to be honest about how many people we can really commit to this level of relationship. 8 is often the max, and often less is better.
- **Not just about study, this is about application:**
 - We are always working through a different focus at CCA. Each focus or series will have Sunday teachings as well as some resources in the form of books, videos, or studies. These tools are an important part of our growth in loving Jesus, each other, and world. We want to grow in insight and knowledge. Intentional Disciple Making Relationships can also be great to do further study or learning, but it is important that study does not become the primary goal. We want to apply these truths to our lives. Intentional Disciple Making Relationships *are the best place to discuss and help each other discover our next steps and keep each other accountable.*
- **Make Intentional Disciple Making Relationships a part of your real life:**
 - We only have so much time and energy. Where does this important relationship fit?
 - Do you need to opt out of a few things to make time?
 - Where would a group meeting naturally fit into your life?
 - Is there a regular time that meeting would fit best?
 - Over lunch break?
 - Sunday after service?
 - While you run or walk?
 - During kids practice?
 - Walking dogs?
 - Other?
 - What location would work best?
 - Neighborhood?
 - Near work?
 - Be creative and strategic about how this kind of a relationship could fit and thrive in your schedule and rhythms.